

**Women Cross Country
Traveling Roster**

1	Anderson	Kate
2	Browne	Madeleine
3	Chehowy	Katie
4	Forman	Sarah
5	Hogman	Shaniah
6	Jamison	Olivia
7	Jones	Melissa
8	Kitt	Nicole
9	Leblanc	Caitlin
10	Manor	Meghan
11	Quibell	Shayna
12	Simpson	Emily
13	Wagner	Emily
14	York	Mikaela
15		

**Cross Country
Training Roster**

Andres	Renee
Fullerton	Madison
Hik	Felicity
Hnatyshyn	Ella
John	Rebecca
Koevoet	Anna
Kryschuk	Lauren
Lategan	Conné
Struthers	Nicole
Ulrich	Anna
Wittig	Samantha

**Men Cross Country
Traveling Roster**

1	Celis	Juan
2	Clack	Will
3	Daniel	Stefan
4	Grieco	Ryan
5	Guidinger	Jonathan
6	Harrison	Lucas
7	James	Alex
8	Kiyonaga	Tyler
9	Lutz	Eric
10	McNish	David
11	Michalak	Geoff
12	Murray	Liam
13	Ord	Greg
14	Pennock	Russell
15	Yarmuch	Evan

**Cross Country
Training Roster**

Ferrie	Colin
Gregor	Chris
Halas	Matthew
Kondro	Doug
LeClair	Ross
Svoboda	Michael
Trudel Lachance	Simon
Vera	Daniel

Head Coach

Lamont Doug

Assistant Coaches:

Crook Terry
Adams Steve

Athletic Therapists

Hamilton Lillian
Bartkowski Crystal
Clarke Leslie

Manager

Kendrick Nathan