

**Calgary Spring Challenge & Combined Event - 2016-05-14 to 2016-05-15**

**Alberta Combined Events Championships**

**Foothills Athletic Park, Calgary**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W35+ Shot Put Masters**

Name	Year Team	Finals	Age-Grading	Points
<b>Finals</b>				
1	427 King, Tracy W58 Edmonton Columbians	8.79m	12.04m 53.24%	10
	8.79m FOUL 8.31m 8.30m 8.13m FOUL			
2	695 Amerongen, Loretta W63 Voleo Athletics	7.29m	10.94m 48.37%	8
	7.07m 6.71m 6.64m 6.89m 6.64m 7.29m			
3	96 Lauridsen, Susanne W58 Calgary Spartans	6.99m	9.58m 42.34%	6
	6.49m 6.99m 6.83m 6.30m 6.93m 6.67m			
4	104 Nesterenko, Louise W66 Calgary Spartans	6.10m	10.12m 44.75%	5
	4.75m 5.20m 5.29m 6.10m 5.14m 5.38m			

**W35+ Discus Throw Masters**

Name	Year Team	Finals	Age-Grading
1	427 King, Tracy W58 Edmonton Columbians	23.51m	33.87m 44.10%
	23.51m FOUL 22.71m 22.99m 22.99m FOUL		
2	104 Nesterenko, Louise W66 Calgary Spartans	14.31m	25.65m 33.40%
	FOUL 13.35m 14.31m 13.63m FOUL 13.41m		

**W35+ Hammer Throw Masters**

Name	Year Team	Finals	Age-Grading
1	104 Nesterenko, Louise W66 Calgary Spartans	17.81m	30.34m 39.41%
	16.41m 15.66m FOUL 16.78m 17.81m 16.27m		

**W35+ Javelin Throw Masters**

Name	Year Team	Finals	Age-Grading
1	427 King, Tracy W58 Edmonton Columbians	19.31m	27.96m 38.31%
	FOUL FOUL 19.24m 18.49m 19.31m 18.60m		
2	96 Lauridsen, Susanne W58 Calgary Spartans	18.40m	26.64m 36.50%
	15.38m FOUL FOUL 16.75m FOUL 18.40m		
3	695 Amerongen, Loretta W63 Voleo Athletics	16.30m	26.27m 35.99%
	13.43m 15.67m 14.46m FOUL 16.30m 15.04m		
4	104 Nesterenko, Louise W66 Calgary Spartans	14.62m	26.56m 36.40%
	13.31m 12.98m FOUL 14.62m FOUL FOUL		

**Heptathlon: #4 W50-64 200 Meter Dash Masters Heptathlon**

Name	Year Team	Finals	Wind	Age-Grading	Points
1	662 Jolicoeur, Jovette W57 Unattached Alberta	33.15	2.1	27.39 77.92%	285

**Heptathlon: #7 W50-64 800 Meter Run Masters Heptathlon**

Name	Year Team	Finals	Age-Grading	Points
1	662 Jolicoeur, Jovette W57 Unattached Alberta	3:13.22	2:40.28 70.68%	252

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**Heptathlon: #1 W50-64 80 Short Hurdles 30"/12m/7m Masters Heptathlon**

Name	Year Team	Finals	Wind	Age-Grading	Points
1 662 Jolicoeur, Jovette	W57 Unattached Alberta	18.24	3.4	18.33 66.67%	138

**Heptathlon: #2 W50-64 High Jump Masters Heptathlon**

Name	Year Team	Finals	Age-Grading	Points
1 662 Jolicoeur, Jovette	W57 Unattached Alberta	1.15m	1.49m 71.43%	266
		1.09 1.12 1.15 1.18		
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**Heptathlon: #5 W50-64 Long Jump Masters Heptathlon**

Name	Year Team	Finals	Wind	Age-Grading	Points
1 662 Jolicoeur, Jovette	W57 Unattached Alberta	3.83m	2.0	5.13m 68.27%	270
		3.83m(2.0) 3.69m(2.1) FOUL(2.2)			

**Heptathlon: #3 W50-64 Shot Put 3 kg Masters Heptathlon**

Name	Year Team	Finals	Age-Grading	Points
1 662 Jolicoeur, Jovette	W57 Unattached Alberta	9.38m	12.85m 56.81%	489
		9.12m 9.07m 9.38m		

**Heptathlon: #6 W50-64 Javelin Throw 500g Masters Heptathlon**

Name	Year Team	Finals	Age-Grading	Points
1 662 Jolicoeur, Jovette	W57 Unattached Alberta	18.22m	26.38m 36.14%	256
		FOUL 16.50m 18.22m		

**W50-64 Heptathlon Masters**

Name	Year Team	Finals
1 662 Jolicoeur, Jovette	W57 Unattached Alberta	1956

**M35+ Shot Put Masters**

Name	Year Team	Finals	Age-Grading
1 330 Sze, Paul	M48 Caltaf	11.27m	13.54m 58.61%
		11.27m FOUL 10.40m 10.43m 9.97m FOUL	
2 686 Buetiuer, Caisten	M46 Unattached Alberta	10.76m	12.93m 55.95%
		10.64m 10.42m 10.76m 9.91m 10.23m FOUL	
3 680 Wilson, Kier	M45 Unattached Alberta	9.15m	11.00m 47.58%
		8.85m 9.04m 9.15m FOUL 8.59m FOUL	
4 476 Roberts, Richard	M74 Edmonton Masters	7.70m	9.86m 42.66%
		7.52m 7.70m 7.02m FOUL 7.33m 7.35m	

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**M35+ Discus Throw Masters**

Name	Year Team	Finals	Age-Grading
1 669 Parsons, Dan	M49 Unattached Alberta	42.48m	51.18m 69.10%
41.93m FOUL 42.48m FOUL 42.04m 40.80m			
2 330 Sze, Paul	M48 Caltaf	32.78m	39.49m 53.32%
FOUL FOUL FOUL 31.70m 31.80m 32.78m			
3 476 Roberts, Richard	M74 Edmonton Masters	19.03m	24.32m 32.83%
19.03m FOUL 15.44m 15.41m 17.96m 17.55m			

**M35+ Hammer Throw Masters**

Name	Year Team	Finals	Age-Grading
1 680 Wilson, Kier	M45 Unattached Alberta	40.69m	50.44m 58.15%
38.46m 38.15m 40.69m 38.29m 38.47m 39.37m			
2 476 Roberts, Richard	M74 Edmonton Masters	22.73m	33.01m 38.06%
21.76m 22.73m 22.30m FOUL 19.55m FOUL			

**M35+ Javelin Throw Masters**

Name	Year Team	Finals	Age-Grading
1 661 Gudzowsky, Terry	M62 Unattached Alberta	40.14m	56.75m 57.63%
37.84m 38.95m 37.28m 37.57m 40.14m 37.02m			
2 680 Wilson, Kier	M45 Unattached Alberta	38.80m	45.45m 46.16%
FOUL 37.53m 37.62m 38.80m 36.51m 36.58m			
3 476 Roberts, Richard	M74 Edmonton Masters	17.88m	30.04m 30.50%
14.41m 15.83m 17.88m 4.71m 11.76m 12.18m			

**Decathlon: #1 M50-64 100 Meter Dash Masters Decathlon**

Name	Year Team	Finals	Wind	Age-Grading	Points
1 475 Black, Murray	M57 Edmonton Masters	13.28	1.6	11.57 84.71%	421

**Decathlon: #5 M50-64 400 Meter Dash Masters Decathlon**

Name	Year Team	Finals	Age-Grading	Points
1 475 Black, Murray	M57 Edmonton Masters	1:04.19	54.27 79.58%	282

**Decathlon: #10 M50-64 1500 Meter Run Masters Decathlon**

Name	Year Team	Finals	Age-Grading	Points
1 475 Black, Murray	M57 Edmonton Masters	6:42.04	5:35.19 61.46%	119

**Decathlon: #6 M50-64 100 Short Hurdles 36"/13m/8.5m Masters Decathlon**

Name	Year Team	Finals	Wind	Age-Grading	Points
1 475 Black, Murray	M57 Edmonton Masters	18.13	1.5	16.74 77.16%	385

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**Decathlon: #4 M50-64 High Jump Masters Decathlon**

Name	Year Team	Finals	Age-Grading Points
1 475 Black, Murray	M57 Edmonton Masters	1.64m	2.01m 82.00% 496
1.49 1.55 1.58 1.61 1.64 1.67			
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**Decathlon: #8 M50-64 Pole Vault Masters Decathlon**

Name	Year Team	Finals	Age-Grading Points
1 475 Black, Murray	M57 Edmonton Masters	2.70m	3.55m 57.94% 286
2.40 2.50 2.60 2.70 2.80			
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**Decathlon: #2 M50-64 Long Jump Masters Decathlon**

Name	Year Team	Finals	Wind	Age-Grading Points
1 475 Black, Murray	M57 Edmonton Masters	4.34m	0.8	5.69m 63.64% 262
4.34m(0.8) FOUL(4.0) 4.11m(1.8)				

**Decathlon: #3 M50-64 Shot Put 6kg Masters Decathlon**

Name	Year Team	Finals	Age-Grading Points
1 475 Black, Murray	M57 Edmonton Masters	8.49m	10.78m 46.65% 395
8.06m 8.39m 8.49m			

**Decathlon: #7 M50-64 Discus Throw 1.5kg Masters Decathlon**

Name	Year Team	Finals	Age-Grading Points
1 475 Black, Murray	M57 Edmonton Masters	29.17m	32.38m 43.72% 448
26.02m FOUL 29.17m			

**Decathlon: #9 M50-64 Javelin Throw 700g Masters Decathlon**

Name	Year Team	Finals	Age-Grading Points
1 475 Black, Murray	M57 Edmonton Masters	28.19m	37.71m 38.30% 274
FOUL 28.19m 25.54m			

**M50-64 Decathlon Masters**

Name	Year Team	Finals
1 475 Black, Murray	M57 Edmonton Masters	3368