

<b>Women Track &amp; Field</b>			<b>Men Track &amp; Field</b>			<b>Head Coach</b>	
<b>Winter Traveling Roster</b>			<b>Winter Traveling Roster</b>			Lamont	Doug
1 XC	Anderson	Kate	1 EK	Asiff	Mohamed		
2 RC/JK	Berscht	Rachel	2 EK	Banks	Liam		
3 RC/JK	Bewski	Nicole	3 DM	Bechir Nasir	Montasir		
4 RC/JK	Brown	Chyna	4 EK	Beerbaum	Galen		
5 XC	Browne	Madeleine	5 RG	Brown	Jared		
6 CAL/CL	Chehowy	Katie	6 XC	Daniel	Stefan		
7 RC/JK	Duffield	Kelsey	7 EK	Diaz	Pedro	NE	
8 RC/JK	Frone	Elizabeth	8 RG	Frank	Cole		
9 NQ/DM	Horton	Skylar	9 RG	Gall	Alex		
10 XC	Jones	Melissa	10 EK	Grenon	Josh		
11 XC	Kitt	Nicole	11 XC	Grieco	Ryan		
12 RC/JK	Kleine	Cali	12 XC	Guidinger	Jonathan		
13 RC/JK	Kolodinsky	Jamie	13 RC/JK	Haynes	Logan		
14 DM	Kretzer	Megan	14 RC/JK	Hubbard	Collin		
15 XC	Leblanc	Caitlin	15 RG	Iluis	Ralph		
16 RC/JK	Ly	Ashley	16 XC	James	Alexander		
17 RC/JK	Makasa	Evodie	17 XC	Kiyonaga	Tyler		
18 XC	Manor	Meghan	18 NQ/DM	Lethebe	Cole		
19 RC/JK	McDougall	Natalie	19 XC	Lutz	Eric		
20 RC/JK	Mulhall	Allison	20 XC	McNish	David		
21 NQ/HH	Ochosky	Brianna	21 CAL/CL	Murray	Liam		
22 EK	Omosum	Osereme	22 RC/JK	Nkwonta	Sody		
23 LG	Oudenaarden	Nicole (Niki)	23 XC	Ord	Greg		
24 EK	Poscente	Sophia	24 RC/JK	Patsula	Dylan		
25 RC/JK	Praud-Rypien	Kennedy	25 XC	Pennock	Russell		
26 XC	Quibell	Shayna	26 CI/JC	Quinn	Colton		
27 RC/JK	Saville	Emily	27 RG	Rizkalla	Joshua		
28 XC	Simpson	Emily	28 CS/LE	Samson	Jordan		
29 VOL/LE	Slessor	Katelyn	29 CI/JC	Spierenburg	Kai		
30 RC/JK	Yackel	Katelyn	30 RC/JK	Unruh	Colin		
31 XC	York	Mikaela	31 XC	Yarmuch	Evan		

**Assistant Coaches:**  
 Adams Steve  
 Crook Terry  
 NE Cumming Robbie  
 Gramantik Les  
 Greenidge Ricardo  
 Kolodnicki Jane  
 Koo Eric  
 Margach Duncan

**Athletic Therapists**  
 Hamilton Lillian  
 Bartkowski Crystal  
 Clarke Leslie

**Manager**  
 Kendrick Nathan

<b>Women Track &amp; Field</b>			<b>Men Track &amp; Field</b>			<b>Head Coach</b>	
<b>Training Roster</b>			<b>Training Roster</b>				
32 EK	Adeleye	Temi	32 RG	Abosi	Stephen	NE	
33 XC	Andres	Renee	33 AA/GG	Addo-Osafo	Kwaku	NE	
34 CS/LE	Baker	Lee Ann	34 RG	Bosch	Daniel		
35 RC/JK	Barlow	Bryanne	35 XC	Celis	Juan		
36 DM	Chong	Emma	36 XC	Clack	Will		
37 XC	Christophe	MacKenna	37 XC	Ferrie	Colin		
38 XC	Forman	Sarah	38 XC	Gregor	Chris		
39 XC	Fullerton	Madison	39 CAL/CL	Halas	Matthew		
40 XC	Hik	Felicity	40 EK	Hammoud	Ahmad	NE	
41 XC	Hnatyshyn	Ella	41 XC	Harrison	Lucas		
42 CAL/CL	Hogman	Shaniah	42 RC/JK	Hazen	Jacob		
43 XC	Jamison	Olivia	43 CS/LE	Huynh	Jonathan		
44 CAL/CL	John	Rebecca	44 XC	Kondro	Doug		
45 RG/DM	Kean	Zoë	45 RC/JK	Lane	Carter		
46 XC	Koevoet	Anna	46 XC	Liew	Nathanael		
47 CAL/CL	Kryschuk	Lauren	47 EK	MacGregor	Sean		
48 XC	Lategan	Conné	48 RG	McDonald	Sheldon		
49 WC/EK	Mickey	Sarah	49 XC	Michalak	Geoff		
50 RC/JK	Mingin	Cassandra	50 RG	Naghiyev	Farrukh		
51 CS/LE	Randhawa	Gurleen	51 RG	Plava	Massino		
52 RC/JK	Rendell	Emily	52 CAL/JM	Shokoohi	Mehrdad		
53 XC	Struthers	Nicole	53 XC	Svoboda	Michael		
54 CS/LE	Turner	Hannah	54 RG	Telfer	Alex		
55 XC	Ulrich	Anna	55 XC	Trudel Lachance	Simon		
56 XC	Wagner	Emily	56 RG	van Rassel	Cody Ray		
57 XC	Wittig	Samantha	57 CS/LE	van Roessel	Quinn		
58			58 XC	Vera	Oscar		
59			59 RG	Zulu	Ndaba		
60			60				

**Women Cross Country  
Traveling Roster**

1 Anderson Kate  
2 Browne Madeleine  
3 Chehowy Katie  
4 Forman Sarah  
5 Hogman Shaniah  
6 Jamison Olivia  
7 Jones Melissa  
8 Kitt Nicole  
9 Leblanc Caitlin  
10 Manor Meghan  
11 Quibell Shayna  
12 Simpson Emily  
13 Ulrich Anna  
14 Wagner Emily  
15 York Mikaela

**Cross Country  
Training Roster**

Andres Renee  
Brown Laura  
Fullerton Madison  
Hik Felicity  
Hnatyshyn Ella  
John Rebecca  
Koevoet Anna  
Kryschuk Lauren  
Lategan Conné  
Struthers Nicole  
Wittig Samantha

**Men Cross Country  
Traveling Roster**

1 Celis Juan  
2 Clack Will  
3 Daniel Stefan  
4 Grieco Ryan  
5 Guidinger Jonathan  
6 Harrison Lucas  
7 James Alex  
8 Kiyonaga Tyler  
9 Lutz Eric  
10 McNish David  
11 Michalak Geoff  
12 Murray Liam  
13 Ord Greg  
14 Pennock Russell  
15 Yarmuch Evan

**Cross Country  
Training Roster**

Ferrie Colin  
Gregor Chris  
Halas Matthew  
Kondro Doug  
Svoboda Michael  
Trudel Lachance Simon  
Vera Daniel

**Head Coach**

Lamont Doug

**Assistant Coaches:**

Adams Steve  
Crook Terry

**Athletic Therapists**

Hamilton Lillian  
Bartkowski Crystal  
Clarke Leslie

**Manager**

Kendrick Nathan