



University of Calgary Athletics Club and Dinos Cross Country
are pleased to host:

STEWART CUP CROSS COUNTRY

Saturday, October 27, 2018

Sanctioned by Athletics Alberta

Revised September 4, 2018

LOCATION:

Canmore Park (formerly called North Capitol Hill Park), Calgary. (19 street and Chicoutimi Drive NW, Calgary).
Registration Tent on site

COURSE:

Canmore Park is a rolling course over grass with some crossing of paved paths.

Note: There are no change facilities or shelter on site. Portable toilets will be on site.

Age Category	Year of Birth	Women	Men	Race Time
Non Championship				
Open Men		4000m	4000m	11:00am
Open Women		4000m	4000m	11:00am
Stewart Cup & Alberta Championship				
Open Women		8000m		12:00 pm
Open Men			10,000m	12:45 pm
Relay				
Bantam Girls	2005/2006	4000m Relay		1:45pm
Bantam Boys	2005/2006		4000m Relay	1:45pm
Pee Wee Girls	2007 or later	4000m Relay		1:45pm
Pee Wee Boys	2007 or later		4000m Relay	1:45pm
Tyke Girls		4000m Relay		1:45pm
Tyke Boys			4000m Relay	1:45pm
Youth Girls	2001/2002	8000m Relay		2:30pm
Youth Boys	2001/2002		8000m Relay	2:30pm
Midget Girls	2003/2004	8000m Relay		2:30pm
Midget Boys	2003/2004		8000m Relay	2:30pm
Open Men		8000m Relay		2:30pm
Open Women			8000m Relay	2:30pm

8000m Relay – 4 runners per team. Each runner runs 1 loop of the 2000m course

4000m Relay – 4 runners per team. Each runner runs 1 loop of the 1000m course

ENTRY FEES:

Alberta Open Championship: \$25.00 per participant plus service fee.

University/College teams will have a maximum fee of \$200 plus service fee.

Open 4000m : \$15.00 per participant

Relay: \$30.00 per team

Athletics Alberta Membership: All competitors must be members of Athletics Alberta or their respective Provincial Athletics Association.

ENTRIES:

It's Your Race

<http://www.itsyourrace.com/event.aspx?id=11392>

Due: Monday October 23, 2018

SCORING:

Stewart Cup Memorial (for University and Alumni Teams):

- Top 5 runners for team score.
- Scoring: 1 point for 1st, 2 points for 2nd etc.
- Stewart Cup awarded to best overall team results between University of Alberta and University of Calgary.

Alberta Open Championship

- Top 4 runners for Team Score
- Scoring as above i.e. 1 point for 1st, 2 points for 2nd etc.

AWARDS:

Stewart Cup Memorial (for University and Alumni Teams):

- Medals to Scoring members of winning Team
- Stewart Cup awarded to best overall team results between University of Alberta and University of Calgary.

Alberta Open Championship

- Medals to top 3 individuals
- Medals to scoring members of top 3 Alberta teams

Open 4000m

- Medals to top 3 individuals

Stewart Cup Relay races

- Medals to scoring members of top 3 teams

RESULTS:

Unofficial results will be posted immediately after race. Official results will be posted on web by October 28.

<http://www.itsyourrace.com/results.aspx?id=11392>

Medical: University of Calgary Athletic Therapy on site

Concession: TBD