

Golden Bear Challenge (Alberta Senior Championships)

(as of February 4, 2019)

February 8-10, 2019

U of Alberta Pavilion, 87 Avenue and 114 Street, Edmonton, Alberta

NON VARSITY COSTS

Training Roster Athletes \$110 (1 night)

UCAC Athletes \$230 (2 nights)

SENIOR athletes will come home on Saturday night

UCAC AGE CLASS athletes will come home on Sunday night

Bring:

Competition Gear: U of Calgary or UCAC Singlet and Black Shorts

Clothing for warm-up

Track Shoes

Spike length maximum 6mm and they must be pyramids or Christmas trees. No Pins!

Bring food and water for the trip

TRACK SHOES:

Only Christmas tree and Pyramid-style spikes will be allowed on the new Mondo surface.

Absolutely no pin or needled-type spikes will be permitted.

Maximum Spike length, 6mm.

Friday February 8

Depart Calgary: 11:30am North entrance to Olympic Oval

No stops

1 Bus will go directly to the Fieldhouse:

Universiade Pavilion, U of Alberta, 87 Ave & 114 St, Edmonton

Athletes competing in first events on Friday, should be on this bus

1 Bus will go directly to the Hotel:

Hotel: Campus Towers

11145 87 Avenue, Edmonton

Ph: 1-780-439-6060

Fax: 1-780-433-4410

SENIOR athletes – Competition: 4:00pm – 7:00pm

UCAC AGE CLASS athletes – Competition: 7:00pm – 8:00pm

Hotel is walking distance to the Pavilion

Saturday February 9

UCAC AGE CLASS athletes – Competition: 9:00am – 12:00pm and 4:30pm – 6:30pm

SENIOR athletes – Competition: 11:30am – 4:00pm

SENIOR athletes (only staying Friday night) - Hotel Check out is 11:00am

11:00am: Buses will be available to drop your luggage before you go to the track

OR you can bring your luggage with you to the track.

Depart Edmonton: approx 5:00pm.

Bus will not be stopping on the way out of town, so athletes will have to eat before we leave the Pavilion.

Arrive Calgary: approx 8:00pm

Sunday February 10

UCAC AGE CLASS athletes – Competition: 11:00am – 2:00pm

UCAC AGE CLASS athletes - Hotel Check out is 11:00am

Athletes will need to take their luggage with them to the track

Depart Edmonton from the Fieldhouse: approx 2:00pm.

Universiade Pavilion, U of Alberta, 87 Ave & 114 St, Edmonton

Meet bus across street in Jubilee Auditorium parking

Bus will not be stopping on the way out of town, so athletes will have to eat before we leave the Pavilion.

Arrive Calgary: approx 5:00pm