

**BC Track & Field Championships  
Alberta Championships  
July 5-7, 2019  
Sherwood Park, AB**

(as of June 20, 2019)

**Event Website:** <https://kamtrack.ca/2019/05/2019-jamboree-u16-u18-u20-senior-championships/>

<b>Cost: Coach Levy</b>	<b>\$35.00</b>	
<b>Bus</b>	<b>\$185.00</b>	
<b>Hotel</b>	<b>\$180.00</b>	
<b>Total:</b>	<b>\$400.00</b>	<b>Fees are due now</b>

**Hotel: Ramada by Wyndham Kamloops**  
555 West Columbia Street, Kamloops, BC  
1-250-374-0358

**Competition Facility:**

Hillside Stadium, at the Tournament Capital Centre near Thompson Rivers University, 910 McGill Rd., Kamloops, BC

**Arriving from the east (Highway #1):** Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.

**Thursday July 4, 2019**

1:00pm Depart North Entrance to Olympic Oval  
Lose 1 hour when traveling to BC  
8:00pm Arrive Kamloops. Check in to hotel  
8:15pm Go to track for competition warmup

**Friday July 5, 2019**

5:30pm-9:30pm Competition (Schedule posted on event website)

**Tentative Bus Schedule**

4:00pm	Hotel to Track		
6:00pm	Hotel to Track	9:00pm	Track to Hotel

## **Saturday July 6, 2019**

9:00am - 6:00pm Competition (Schedule posted on event website)

### **Tentative Bus Schedule**

8:15am	Hotel to Track		
9:00am	Hotel to Track		
		11:30am	Track to Hotel
12:30pm	Hotel to Track		
1:30pm	Hotel to Track		
		4:30pm	Track to Hotel
5:30pm	Bus to team Dinner		

## **Sunday July 7, 2019**

### **When we leave the hotel we will be checking out and going to the track**

8:30am – 6:00pm Competition (Schedule posted on event website)

### **Tentative Bus Schedule**

11:00am	Hotel to Track
12:00pm	Hotel to Track (if we can arrange a late checkout)
3:00pm	Hotel to Track (if we can arrange a late checkout)

Approx 6:00pm (end of Meet) Bus Departure from Competition Facility

We gain 1 hour traveling from BC to Alberta

We will stop on the way out of Kamloops for Supper

Approx 2:00am Arrive Calgary, North Entrance to Olympic Oval