

Calgary Spring Challenge and Combined Event

Tentative Schedule Overview

(as of April 12, 2019)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Friday May 10, 2019

Throws # 1							
5:00pm					Para Shot Put		
7:00pm					Para Discus		

Saturday May 11, 2019

Track

Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
10:30am	Decathlon 100m (OM/U20/U18/Mst)						OW Pole Vault	10:30am
10:45am	100m Hurdles U16 Hts						Flight #1	
11:00am	100m Hurdles OW Hts	Decathlon Long Jump	U12/U10 G Long Jump	OM/U18M High Jump	OM/U20/Para/Mst Shot Put	OW/MstW Javelin (S)	U12/U10 B T.Jav	under 3.50m
	Heptathlon 100m Hurdles		2 pits					
	100m Hurdles U18W Hts							11:15am
	Heptathlon 80m Hurdles							
	80m Hurdles U16G Hts							
11:30am	80m Hurdles U14							11:30am
11:45am	1500m Timed Finals							11:45am
12:00pm	1200m Timed Finals U16	OW Long Jump			U18 M Shot Put	U18W/U16G Javelin (S)		12:00pm
			U12/U10 B Long Jump				U12/U10 G T.Jav	12:15pm
12:30pm	80m Hurdles U16G Final		2 pits	W Heptathlon High jump			OW Pole Vault	12:30pm
12:45pm	100m Hurdles U18W Final						Flight #2	12:45pm
	100m Hurdles OW Final						over 3.50m	
	100m Hurdles U16B Final							
12:45pm	80m Timed Finals							
1:00pm					Decathlon Shot Put			1:00pm
1:15pm	100m Heats							
1:30pm	Wheelchair 100m	U14G Long Jump			U16G Shot Put	U16B Javelin (S)	U14B T.Jav	1:30pm
1:45pm			2 pits					1:45pm
2:00pm	60m Timed Finals	OM Long Jump		Decathlon High Jump				2:00pm
2:15pm								2:15pm
2:30pm	LUNCH				W Heptathlon Shot Put	U18M Javelin (S)	OM Pole Vault	2:30pm
2:45pm			U16G High Jump					2:45pm
3:00pm				O/Mst W Shot Put				3:00pm
3:15pm		U14B Long Jump					U14G T.Jav	3:15pm
3:30pm	100m Finals	U18M Long Jump	2 pits			OM/MstM Javelin (S)		3:30pm
3:45pm	Heptathlon 200m							3:45pm
4:00pm	600m Timed Finals U12				U18W Shot Put			4:00pm
4:15pm	300m Timed Finals (U16/U10)		OW High Jump					
4:30pm	Decathlon 400m							4:30pm
4:45pm	400m Timed Finals					OW/U16G/U18W/MstW Hammer		4:45pm
5:00pm	Wheelchair 400m				U16B Shot Put			5:00pm
5:15pm	1200m Timed Finals U14			U18W High Jump				5:15pm
5:30pm	4x100m							5:30pm
						OM/U20M/MstM/U16B/U18M Hammer		5:45pm

Times are approximate and may be adjusted to accommodate the Combined Events Competition

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Sunday May 12, 2019

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field
10:00am 110m Hurdles OM/U20M Hts	10:00am	U18W Long Jump	U12/U10 B ST.Long Jump	U16B High Jump	U16G Discus	U12/U10 G Shot Put			10:00am
10:05am 110m Hurdles U18M Hts			2 pits			2 circles			
10:10am Decathlon 110m Hurdles									
10:15am	10:15am								10:15am
10:30am Pentathlon 100m Hurdles U16B	10:30am								10:30am
Pentathlon 80m Hurdles U16G									
10:45am 110m Hurdles OM/U20M Final	10:45am				Decathlon Discus				10:45am
110m Hurdles U18M Final									
11:00am 200m Heats	11:00am		U12/U10 G ST.Long Jump			U12/U10 B Shot Put			11:00am
11:15am	11:15am		2 pits	U16G Pentathlon High Jump	OM/Para/MstM Discus	2 circles			11:15am
11:30am	11:30am	U16B Pentathlon Long Jump							11:30am
11:45am	11:45am								11:45am
12:00pm 150m Timed Finals U14	12:00pm	W Heptathlon Long Jump	U16B Long Jump		U20 M Discus	MB Pentathlon Shot Put	Para Seated Throw	Decathlon Pole Vault	12:00pm
12:15pm	12:15pm						Shot circle		12:15pm
12:30pm	12:30pm								12:30pm
12:45pm 150m Timed Finals U12/U10	12:45pm								12:45pm
1:00pm LUNCH	1:00pm	OW Triple Jump		U16B Pentathlon High Jump	U16B Discus		W Heptathlon Javelin		1:00pm
1:15pm	1:15pm					MG Pentathlon Shot Put			1:15pm
1:30pm	1:30pm								1:30pm
1:45pm 200m Hurdles	1:45pm								1:45pm
2:00pm 400m Hurdles	2:00pm	U18W Triple Jump	U16G Pentathlon Long Jump		U18M Discus		Decathlon Javelin		2:00pm
2:15pm Heptathlon 800m	2:15pm			U14B High Jump		U14G Shot Put			2:15pm
2:30pm 800m	2:30pm		U16G Long Jump			2 circles			2:30pm
2:45pm Wheelchair 1500m	2:45pm								2:45pm
3:00pm Decathlon 1500m	3:00pm	U18M/OM Triple Jump			OW/MstW/U18W Discus				3:00pm
3:15pm 200m Finals	3:15pm								3:15pm
3:30pm 1000m Timed Finals U12	3:30pm			U14G High Jump		U14B Shot Put			3:30pm
3:45pm Pentathlon 1000m U16B	3:45pm			2 pits					
4:00pm 600m Timed Finals U10	4:00pm								
4:15pm Pentathlon 800m U16G	4:15pm								
4:30pm 800m U14									
4:45pm									
5:00pm 4x400m Mixed	4:45pm								

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