

Calgary Spring Challenge and Combined Event

Tentative Schedule Overview

(as of May 8, 2019)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Friday May 10, 2019

Throws # 1							
5:00pm					Para Seated Shot Put		
7:00pm					Para Seated Discus		

Saturday May 11, 2019

Track

Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
10:30am	Decathlon 100m (OM/U20/U18/Mst)							10:30am
10:45am	100m Hurdles U16 Hts							
11:00am	100m Hurdles OW Hts	U12/U10 G Long Jump	OM/U18M High Jump	OM/U20/Mst/Para Shot Put	OW/MstW Javelin (S)	U12/U10 B T.Jav	Mixed Pole Vault	11:00am
	Heptathlon 100m Hurdles	2 pits					under 3.50m	
	100m Hurdles U18W Hts							11:15am
	Heptathlon 80m Hurdles							
11:15am	80m Hurdles U16G Hts							
11:30am	80m Hurdles U14							11:30am
11:45am	1500m Timed Finals				U16G Javelin (S)			11:45am
12:00pm				U18/U16 M Shot Put				12:00pm
12:15pm	1200m Timed Finals U16	U12/U10 B Long Jump				U12/U10 G T.Jav		12:15pm
12:30pm	80m Hurdles U16G Final	2 pits	W Heptathlon High jump				OW Pole Vault	12:30pm
12:45pm	100m Hurdles U18W Final						over 3.50m	12:45pm
	100m Hurdles OW Final							
	100m Hurdles U16B Final							
12:45pm	80m Timed Finals				U18W Javelin (S)			
1:00pm				Decathlon Shot Put				1:00pm
1:15pm	100m Heats							
1:30pm		U14G Long Jump		U16G Shot Put		U14B T.Jav		1:30pm
1:45pm		2 pits			U16B Javelin (S)			1:45pm
2:00pm	60m Timed Finals		Decathlon High Jump					2:00pm
2:15pm								2:15pm
2:30pm	LUNCH			W Heptathlon Shot Put	U18M Javelin (S)		OM Pole Vault	2:30pm
2:45pm								2:45pm
3:00pm								3:00pm
3:15pm		U14B Long Jump				U14G T.Jav		3:15pm
3:30pm	100m Finals	2 pits	U16G High Jump	O/Mst/Para W Shot Put	OM/MstM Javelin (S)			3:30pm
3:45pm	Heptathlon 200m							3:45pm
4:00pm	600m Timed Finals U12							4:00pm
4:15pm	300m Timed Finals (U16/U10)							
4:30pm	Decathlon 400m			U18W Shot Put				4:30pm
4:45pm	400m Timed Finals		OW/U18 W High Jump		OM/U20M/MstM/U16B/U18M Hammer			4:45pm
5:00pm	Wheelchair 400m							5:00pm
5:15pm	1200m Timed Finals U14			Para Seated Javelin				5:15pm
5:30pm	4x100m			Shot circle				5:30pm
5:45pm					OW/U16G/U18W/MstW Hammer			5:45pm

Times are approximate and may be adjusted to accommodate the Combined Events Competition

Calgary Spring Challenge and Combined Event

Tentative Schedule Overview

(as of May 8, 2019)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Sunday May 12, 2019

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field
10:00am 110m Hurdles OM/U20M Hts	10:00am	U18W Long Jump	U12/U10 B ST.Long Jump	U16B High Jump	U16G Discus	U12/U10 G Shot Put			10:00am
10:05am 110m Hurdles U18M Hts			2 pits			2 circles			
10:10am Decathlon 110m Hurdles									
10:15am	10:15am								10:15am
10:30am Pentathlon 100m Hurdles U16B	10:30am								10:30am
Pentathlon 80m Hurdles U16G									
10:45am 110m Hurdles OM/U20M Final	10:45am				Decathlon Discus				10:45am
110m Hurdles U18M Final									
11:00am 200m Heats	11:00am		U12/U10 G ST.Long Jump			U12/U10 B Shot Put			11:00am
11:15am	11:15am		2 pits	U16G Pentathlon High Jump	OM/Para/MstM Discus	2 circles			11:15am
11:30am	11:30am	U16B Pentathlon Long Jump							11:30am
11:45am	11:45am								11:45am
12:00pm 150m Timed Finals U14	12:00pm		U16B Long Jump					Decathlon Pole Vault	12:00pm
12:15pm	12:15pm				U20 M Discus				12:15pm
12:30pm 150m Timed Finals U12/U10	12:30pm	W Heptathlon Long Jump				MB Pentathlon Shot Put			12:30pm
12:45pm	12:45pm								12:45pm
1:00pm LUNCH	1:00pm				U16/U18 B Discus				1:00pm
1:15pm	1:15pm			U16B Pentathlon High Jump		MG Pentathlon Shot Put			1:15pm
1:30pm	1:30pm	OW Triple Jump							1:30pm
1:45pm 200m Hurdles	1:45pm						W Heptathlon Javelin		1:45pm
2:00pm 400m Hurdles	2:00pm								2:00pm
2:15pm	2:15pm		U16G Pentathlon Long Jump	U14B High Jump		U14G Shot Put			2:15pm
2:30pm 800m	2:30pm			2 pits		2 circles	Decathlon Javelin		2:30pm
2:45pm 200m Finals	2:45pm	U18W Triple Jump							2:45pm
3:00pm Pentathlon 1000m U16B	3:00pm				OW/MstW/U18W/Para Discus				3:00pm
3:15pm 600m Timed Finals U10	3:15pm								3:15pm
3:30pm 1000m Timed Finals U12	3:30pm	U18M/OM Triple Jump	U16G Long Jump	U14G High Jump		U14B Shot Put			3:30pm
3:45pm Heptathlon 800m	3:45pm			2 pits					
4:00pm Wheelchair 1500m	4:00pm								
4:15pm Decathlon 1500m	4:15pm								
4:30pm Pentathlon 800m U16G									
4:45pm 800m U14	4:45pm								
5:00pm 4x400m Mixed	5:00pm								

Times are approximate and may be adjusted to accommodate the Combined Events Competition