### Dino Youth Track & Field Program Competition Opportunities for Spring 2019

Dino Youth Track & Field Program is registered with Athletics Alberta as a School Program. Therefore all participants of Dino Youth are registered with Athletics Alberta, September 1, 2018 to June 13, 2019.

Track and Field bases an athletes age on how old they are on **December 31 of the year of competition**.

For the following meets, we cannot guarantee that there will be coaching assistance available.

### **New Balance Athletics Series (14 years and Older)**

Location: Foothills Athletic Park, 2424 Crowchild Trail NW Information posted at http://www.calgarytrackcouncil.com/meets.asp

Entry Deadline: send entries prior to the deadline to <a href="mailto:lamont@ucalgary.ca">lamont@ucalgary.ca</a>

Entry fee - \$15 per event

Meet #1 – Sunday May 26, 2019 Entry Deadline: May 15 Meet #2 – Sunday June 2, 2019 Entry Deadline: May 22 Meet #3 – Sunday June 9, 2019 Entry Deadline: June 7

12:00pm - 4:00pm each day

For the following meets, our Dino Youth School membership has run out, so athletes will have to join Athletics Alberta as an Individual member.

www.athleticsalberta.com

#### **Caltaf Classic (all ages)**

June 14-16, 2019

Registration and information website: http://www.calgarytrackcouncil.com/outdoormeets.html

Deadline for registration is: June 9, 2019 at 6:00pm

#### **Cheetah Invitational (13 and younger)**

June 22-23, 2019

Registration and information website: http://www.calgarytrackcouncil.com/outdoormeets.html

Deadline for registration is: **TBD** 

# **Calgary Spring Challenge (all ages)**

Dino Youth coaches will be available for this meet to assist athletes.

Website: <a href="http://uofcathletics.ca/calgary-spring-challenge/">http://uofcathletics.ca/calgary-spring-challenge/</a>

Saturday-Sunday May 11-12, 2019

Location: Foothills Athletic Park, 2424 Crowchild Trail NW

Entry Deadline: Monday Monday May 6 – send entries to <a href="mailto:lamont@ucalgary.ca">lamont@ucalgary.ca</a>

**Entry Fee:** Dino Youth Program will cover entry fee for Spring Program participants.

Ages by year of birth: **Open** (2001 & earlier)

**U18-** 2002-2003/**U16**-2004-2005)

U14-2007-2007 /U12-2008-2009 /U10-2010 & later

#### U10, U12 and U14 Multi Event

# 4 best events of the day (Awards for Saturday and for Sunday)

Scoring will be based on final placing in the event. 10-8-6-5-4-3-2-1

TRACK	U18 Boys	U18 Girls	U16 Boys	U16 Girls	U14	U12	U10
Saturday							
60m						X	X
80m					X		
100m	X	X	X	X			
300m			X	X			X
400m	X	X					
600m						X	
1200m			X	X	X		
1500m	X	X					
Hurdles		100m	100m	80m	80m		
Long Jump	Sat				Sat	Sat	Sat
High Jump	Sat	Sat		Sat			
Shot Put	Sat	Sat	Sat	Sat			
Javelin	Sat	Sat	Sat	Sat	Sat	Sat	Sat
Hammer	Sat	Sat	Sat	Sat			
4x100m	X	X	X	X			
Sunday							
150m					X	X	X
200m	X	X	X	X			
600m							X
800m	X	X	X	X	X		
1000m						X	
Hurdles	110m						
Hurdles	400m	400m	200m	200m	200m		
Stand LJ						Sun	Sun
Long Jump		Sun	Sun	Sun			
High Jump			Sun		Sun		
Shot Put					Sun	Sun	Sun
Discus	Sun	Sun	Sun	Sun			
4x400m	Mixed	Mixed					