

**Tentative  
Dino Track & Field / Cross-Country  
Competitions**

**Dino Track & Field / Cross Country Fixtures (as of August 9, 2019)**

<b>Cross Country</b>				
<b>Event</b>	<b>Date</b>	<b>Location</b>	<b>Departure</b>	<b>Return</b>
Team Trial (Endurance athletes)	Sunday September 15	Olympic Oval	9:30am	
<b>Vikes Invitational</b>	<b>Saturday September 28</b>	<b>Victoria, BC</b>	Friday September 27 11:35am	Sat. September 28 9:50pm
<b>Northwest Inland Classic</b>	<b>Saturday October 12</b>	<b>Lewiston, ID</b>	Friday October 11 7:00am	Saturday October 12 After midnight
<b>Canada West Championships</b>	<b>Saturday October 26</b>	<b>Calgary, AB</b>	Saturday October 26 10:00am	Saturday October 26 5:00pm
<b>CIS Championships</b>	<b>Saturday November 9</b>	<b>Kingston, ON</b>	Thursday November 8 Dep Calgary-TBD	Sunday November 11 Arr Calgary-TBD
<b>Track &amp; Field</b>				
<b>Event</b>	<b>Date</b>	<b>Location</b>	<b>Departure</b>	<b>Return</b>
Team Trial Testing (Speed/Power athletes)	Sunday September 29	Jack Simpson	10:00am	1:00pm
Team Quadrathlon (Speed/Power athletes)	Sunday November 3	Jack Simpson	10:00am	1:00pm
<b>Dino Opener</b>	<b>Saturday December 7</b>	<b>Calgary, AB</b>	10:00am	7:00pm
<b>Dino Opener Field Meet</b>	<b>Sunday December 8</b>	<b>Calgary, AB</b>	11:00am	4:00pm
<b>Jack Simpson Open</b>	<b>Sunday January 5</b>	<b>Calgary, AB</b>	10:00am	6:00pm
<b>Sanderson Classic</b>	<b>Friday-Saturday January 10-11</b>	<b>Saskatoon, SK</b>	Thursday January 9 8:00am	Saturday January 11 After midnight
<b>Golden Bear Open</b>	<b>Friday-Saturday January 17-18</b>	<b>Edmonton, AB</b>	Friday January 17 11:00am	Saturday January 18 9:00pm
<b>Dino Classic</b>	<b>Sunday January 26</b>	<b>Calgary, AB</b>	10:00am	6:00pm
<b>Panda Challenge</b>	<b>Friday-Saturday February 7-8</b>	<b>Edmonton, AB</b>	Friday February 7 Time 11:00am	Saturday February 8 Time 9:00pm
<b>Canada West Conference Meet</b>	<b>Friday-Saturday February 21-22</b>	<b>Saskatoon, SK</b>	Thursday February 20 8:00am	Saturday February 23 4:00pm
<b>U Sports National Championships</b>	<b>Thursday- Saturday March 5-7</b>	<b>Edmonton, AB</b>	Wednesday March 6 Dep Calgary – TBD	Saturday March 7 Arr Calgary – TBD