

Vikes Invitational

(as of September 25, 2019)

This is a general itinerary and is subject to change.

Vikes Invitational

Victoria, BC. Hosted by University of Victoria

Saturday September 28, 2019

Championship Website:

The Weather Network Website: <https://www.theweathernetwork.com/ca/weather/british-columbia/victoria>

Friday September 27, 2019

Be at the Airport no later than 10:15am
Have a photo ID for check in and Security

Depart Calgary: Westjet #449 11:35am Arrive Victoria 12:07pm

20-30' Bus Transfer from Airport to Hotel Check in to Hotel

Hotel: Howard Johnson

Address: 4670 Elk Lake Drive, Victoria, BC

Phone 1-250-704-4656

2:30pm Walk to course for Shakeout

PM Team Dinner – Arranged by Captains

Saturday September 28, 2019

8-11:00am Light jog or walk/stretch and Breakfast

We checkout of the hotel before we go to the race, so we can store our luggage at hotel.

10:00-11:00am Walk/Jog to race course (1km)

12:00pm Women's 6000m

1:00pm Men's 8000m

2:00pm Return to Hotel and get luggage (1km)
Go to Saanich Commonwealth pool for shower and swim/waterslides?

4:30pm Bus Transfer – Commonwealth Pool for Airport

Depart Victoria: Westjet #154 7:35pm Arrive Calgary 9:56pm

Cell numbers

Doug 403-831-6481

Head Coach: Doug Lamont

Assistant Coach: Steve Adams