

## 2019 Outdoor Rankings

**MEN****100m**

7	10.87	1.1 RIZKALLA JOSHUA	AB	UCAC	96	7	Calgary	New Balance Athletic Series #2	02/06/2019
10	10.99	1.6 SWABY CONNOR	AB	VOLE	0	5h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
27	11.26	0.9 ABODUNWA PAUL	AB	CALS	1	15h	Calgary	New Balance Athletic Series #2	02/06/2019
30	11.31	0.5 BECHIR NASIR MONTASIR	AB	UCAC	93	16h	Calgary	New Balance Athletic Series #2	02/06/2019
33	11.36	-0.4 SAMSON JORDAN	AB	UCAC	98	12	Calgary	New Balance Athletic Series #1	26/05/2019
35	11.39	1.8 KRUPITY DENVER	AB	CALS	0	1	Toronto	Canadian Combined Events Championships	16/06/2019
42	11.48	0.5 IGWE CHUMA	AB	CITC	99	20h	Calgary	New Balance Athletic Series #2	02/06/2019
	11.66	0.9 LANE CARTER	AB	UCAC	99		Calgary	New Balance Athletic Series #2	02/06/2019
56	11.69	-0.5 MARIANCHUK RYLAN	AB	UCAC	0	21h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
57	11.70	0.5 HUYNH JONATHAN	AB	UCAL	95	24h	Calgary	New Balance Athletic Series #2	02/06/2019
61	11.74	-0.2 BOSCH DANIEL	AB	UCAC	97	19	Calgary	New Balance Athletic Series #1	26/05/2019
63	11.75	0.6 AQUINO JAMES	AB	UCAC	99	25h	Calgary	New Balance Athletic Series #2	02/06/2019
63	11.75	1.6 AGYEMANG HADRIANE	AB	UCAC	0	18h	Calgary	CALTAF TRACK CLASSIC	16/06/2019

**100m wind aided**

11	11.07	3.2 RIZKALLA JOSHUA	AB	UCAC	96	7h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
16	11.17	2.4 SWABY CONNOR	AB	VOLE	0	10	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
23	11.37	2.4 ABODUNWA PAUL	AB	CALS	1	12	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
26	11.47	3.1 BECHIR NASIR MONTASIR	AB	UCAC	93	15h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
33	11.77	3.1 AQUINO JAMES	AB	UCAC	99	24h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
34	11.78	3.2 HUYNH JONATHAN	AB	UCAL	95	21h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
44	12.03	3.2 HUBBARD COLLIN	AB	UCAC	97	22h	Calgary	CALTAF TRACK CLASSIC	16/06/2019

**200m**

16	21.98	1 SAMSON JORDAN	AB	UCAC	98	7	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
17	22.03	1 SWABY CONNOR	AB	VOLE	0	9	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
43	22.05	1.1 ORSINI DANIELE	ON	YUTC	91	10h	Toronto	Athletics Ontario Championship Series #3: U20 & Open Championship	14/07/2019
23	22.38	-0.3 RIZKALLA JOSHUA	AB	UCAC	96	9h	Edmonton	Foote Field Open	30/06/2019
24	22.41	1.7 BECHIR NASIR MONTASIR	AB	UCAC	93	7	Edmonton	Foote Field Open	30/06/2019
25	22.49	1.8 STEPHEN BRENT	AB	CALT	96	11	Calgary	New Balance Athletic Series #1	26/05/2019
29	22.60	2 SPIERENBURG KAI	AB	UCAC	99	12	Calgary	New Balance Athletic Series #1	26/05/2019
37	22.86	2 IGWE CHUMA	AB	CITC	99	16	Calgary	New Balance Athletic Series #1	26/05/2019
56	23.39	-1.1 BOSCH DANIEL	AB	UCAC	97	16h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
39	23.51	1.2 MARTIN CALE	AB	UCAC	1	7h	Sherwood Park	Sherwood Park Track Classic	21/07/2019
58	23.57	2 GALL ALEXANDER	AB	UCAC	96	22	Calgary	New Balance Athletic Series #1	26/05/2019
60	23.63	2 JUDGE CHETAAN	AB	UCAC	99	24	Calgary	New Balance Athletic Series #1	26/05/2019
70	23.87	-1 SHOKOOHI MEHRDAD	AB	UCAC	99	21h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
79	24.19	-0.1 AGYEMANG HADRIANE	AB	UCAC	0	26h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
85	24.33	-1.1 LANE CARTER	AB	UCAC	99	19h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019

**200m wind aided**

6	21.96	2.3 SWABY CONNOR	AB	VOLE	0	5	Calgary	New Balance Athletic Series #3	09/06/2019
10	22.63	2.6 SAMSON JORDAN	AB	UCAC	98	13	Calgary	New Balance Athletic Series #1	26/05/2019
22	24.10	3.8 LANE CARTER	AB	UCAC	99	17	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
25	24.26	3.8 AGYEMANG HADRIANE	AB	UCAC	0	18	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019

## 2019 Outdoor Rankings

400m								
5	48.42	STEPHEN BRENT	AB	CALT	96	2 Edmonton	Foote Field Open	30/06/2019
10	49.19	SPIERENBURG KAI	AB	UCAC	99	4 Edmonton	Foote Field Open	30/06/2019
14	49.97	SAMSON JORDAN	AB	UCAC	98	1 Sherwood Park	Sherwood Park Track Classic	21/07/2019
25	50.66	LIVELY JAMES	AB	UCAC	1	7 Edmonton	Foote Field Open	30/06/2019
36	51.75	MCNISH DAVID	AB	UCAC	99	10 Edmonton	Foote Field Open	30/06/2019
35	51.85	MARTIN CALE	AB	UCAC	1	16 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
45	52.13	JUDGE CHETAAN	AB	UCAC	99	11 Edmonton	Foote Field Open	30/06/2019
36	52.15	KRUPITY DENVER	AB	CALS	0	2 Toronto	Canadian Combined Events Championships	16/06/2019
51	52.69	BOSCH DANIEL	AB	UCAC	97	10 Calgary	CALTAF TRACK CLASSIC	16/06/2019
74	54.51	*MACEDO TERAN MIGUEL	AB	WOLV	0	10 Sherwood Park	Sherwood Park Track Classic	21/07/2019
78	55.88	HUBBARD COLLIN	AB	UCAC	97	21 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
800m								
2	1:52.61	STEPHEN BRENT	AB	CALT	96	1 Calgary	New Balance Athletic Series #1	26/05/2019
5	1:53.35	LUTZ ERIC	AB	UCAC	98	1 Edmonton	Foote Field Open	30/06/2019
8	1:55.49	MURRAY LIAM	AB	CALT	99	3 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
20	1:57.51	LIVELY JAMES	AB	UCAC	1	7 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
23	1:58.09	MCNISH DAVID	AB	UCAC	99	8 Calgary	New Balance Athletic Series #1	26/05/2019
32	1:59.03	YORK SKYLER	AB	EDMH	1	13 Edmonton	Foote Field Open	30/06/2019
44	2:01.81	*MACEDO TERAN MIGUEL	AB	WOLV	0	31qf Montreal	Canadian Track & Field Championships	26/07/2019
36	2:02.11	ORD GREG	AB	UCAC	98	6 Calgary	CALTAF TRACK CLASSIC	16/06/2019
48	2:05.13	FORMAN MATTHEW	AB	UCAC	0	20 Calgary	CALTAF TRACK CLASSIC	16/06/2019
51	2:06.47	HARRISON LUCAS	AB	UCAC	98	9 Calgary	CALTAF TRACK CLASSIC	16/06/2019
73	2:09.78	FOLEY BRADEN	AB	UCAC	99	4 Sherwood Park	Sherwood Park Track Classic	21/07/2019
62	2:10.39	AFZAL BAASIL	AB	UCAC	0	7 Calgary	New Balance Athletic Series #3	09/06/2019
1500m								
2	3:45.54	LUTZ ERIC	AB	UCAC	98	17 Portland	Stumptown Twilight	19/07/2019
7	3:59.73	THIESSEN MAXIMUS	AB	UCAC	0	6 Edmonton	Foote Field Open	30/06/2019
9	4:00.86	MURRAY LIAM	AB	CALT	99	3 Swift Current	Western Canada Summer Games	18/08/2019
11	4:02.44	YORK SKYLER	AB	EDMH	1	15h Montreal	Canadian Track & Field Championships	26/07/2019
11	4:07.09	GREGOR CHRIS	AB	UCAL	99	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
21	4:08.93	ORD GREG	AB	UCAC	98	9 Edmonton	Foote Field Open	30/06/2019
25	4:11.06	*MACEDO TERAN MIGUEL	AB	WOLV	0	22qf Montreal	Canadian Track & Field Championships	25/07/2019
43	4:17.99	MCNISH DAVID	AB	UCAC	99	27 Kamloops	BC Championship Jamboree	07/07/2019
33	4:18.47	FORMAN MATTHEW	AB	UCAC	0	16 Calgary	CALTAF TRACK CLASSIC	16/06/2019
48	4:20.28	FOLEY BRADEN	AB	UCAC	99	2 Sherwood Park	Sherwood Park Track Classic	21/07/2019
53	4:30.07	HARRISON LUCAS	AB	UCAC	98	4 Calgary	CALTAF TRACK CLASSIC	16/06/2019
63	4:37.40	AFZAL BAASIL	AB	UCAC	0	25 Calgary	CALTAF TRACK CLASSIC	16/06/2019
77	5:02.53	KRUPITY DENVER	AB	CALS	0	5 Toronto	Canadian Combined Events Championships	16/06/2019

## 2019 Outdoor Rankings

<b>3000m</b>								
1	8:44.84	THIESSEN MAXIMUS	AB	UCAC	0	1 Swift Current	Western Canada Summer Games	18/08/2019
3	8:58.34	YORK SKYLER	AB	EDMH	1	2 Calgary	CALTAF TRACK CLASSIC	16/06/2019
7	9:15.67	GREGOR CHRIS	AB	UCAL	99	4 Calgary	CALTAF TRACK CLASSIC	16/06/2019
11	9:22.20	*MACEDO TERAN MIGUEL	AB	WOLV	0	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
14	9:30.90	FOLEY BRADEN	AB	UCAC	99	7 Calgary	CALTAF TRACK CLASSIC	16/06/2019
<b>5000m</b>								
6	14:55.01	THIESSEN MAXIMUS	AB	UCAC	0	4 Montreal	Canadian Track & Field Championships	25/07/2019
8	15:35.64	ORD GREG	AB	UCAC	98	3 Edmonton	Foote Field Open	30/06/2019
14	16:25.46	FOLEY BRADEN	AB	UCAC	99	6 Edmonton	Foote Field Open	30/06/2019
11	17:00.69	*MACEDO TERAN MIGUEL	AB	WOLV	0	4 Calgary	CALTAF TRACK CLASSIC	16/06/2019
<b>3000m Steeplechase</b>								
3	9:19.71	YORK SKYLER	AB	EDMH	1	2 Montreal	Canadian Track & Field Championships	27/07/2019
5	10:16.73	KUIPERS ANTON	AB	CALT	1	2 Calgary	CALTAF TRACK CLASSIC	16/06/2019
6	10:26.86	FORMAN MATTHEW	AB	UCAC	0	1 Edmonton	Foote Field Open	30/06/2019
<b>110m Hurdles</b>								
3	15.23	0 GALL ALEXANDER	AB	UCAC	96	2 Calgary	New Balance Athletic Series #1	26/05/2019
4	15.31	0 ADDO-OSAFO KWAKU	AB	CITC	95 2h	Calgary	New Balance Athletic Series #3	09/06/2019
6	15.64	0.6 IGWE CHUMA	AB	CITC	99 2h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
9	16.68	0.6 SHOKOOHI MEHRDAD	AB	UCAC	99 3h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
10	17.40	-0.5 HUBBARD COLLIN	AB	UCAC	97	6 Calgary	New Balance Athletic Series #3	09/06/2019
<b>110m Hurdles wind aided</b>								
1	15.20	2.3 ADDO-OSAFO KWAKU	AB	CITC	95	1 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
2	15.91	2.6 IGWE CHUMA	AB	CITC	99 2h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
<b>110m Hurdles JUNIOR</b>								
5	17.28	0.9 KRUPITY DENVER	AB	CALS	0	5 Toronto	Canadian Combined Events Championships	16/06/2019
<b>400m Hurdles</b>								
2	53.63	SPIERENBURG KAI	AB	UCAC	99	1 Swift Current	Western Canada Summer Games	18/08/2019
10	59.61	YORK SKYLER	AB	EDMH	1	5 Edmonton	Foote Field Open	30/06/2019
<b>High Jump</b>								
3	2.05m	UNRUH COLIN	AB	UCAC	97	3 Edmonton	Foote Field Open	30/06/2019
6	1.92m	DEIKOFF ALEXANDER	AB	UCAC	0	7 Montreal	Canadian Track & Field Championships	27/07/2019
11	1.80m	HUBBARD COLLIN	AB	UCAC	97	4 Calgary	New Balance Athletic Series #2	02/06/2019
15	1.79m	KRUPITY DENVER	AB	CALS	0	1 Toronto	Canadian Combined Events Championships	16/06/2019

## 2019 Outdoor Rankings

<b>Long Jump</b>									
6	6.65m	1.8	KRUPITY DENVER	AB	CALS	0	5 Swift Current	Western Canada Summer Games	18/08/2019
7	6.61m	0.1	VAN ROESSEL QUINN	AB	UCAC	99	Swift Current	Western Canada Summer Games	18/08/2019
15	6.25m	1.6	LANE CARTER	AB	UCAC	99	3 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
16	6.22m	1.4	HUYNH JONATHAN	AB	UCAL	95	Calgary	CALTAF TRACK CLASSIC	16/06/2019
21	6.13m	-0.9	AQUINO JAMES	AB	UCAC	99	4 Edmonton	Foote Field Open	30/06/2019
12	5.98m	-0.7	COX ADRIAN	SK	EXCL	0	4 Regina	Saskatchewan Provincial Championships	23/06/2019
26	5.96m	1.5	NKWONTA SODIENYE	AB	UCAC	98	7 Calgary	CALTAF TRACK CLASSIC	16/06/2019
28	5.88m	1.8	MARIANCHUK RYLAN	AB	UCAC	0	6 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
37	5.53m	1.3	HUBBARD COLLIN	AB	UCAC	97	9 Calgary	CALTAF TRACK CLASSIC	16/06/2019
<b>Long Jump wind aided</b>									
4	6.71m	2.9	VAN ROESSEL QUINN	AB	UCAC	99	4 Swift Current	Western Canada Summer Games	18/08/2019
<b>Triple Jump</b>									
1	14.45m	-0.2	NKWONTA SODIENYE	AB	UCAC	98	1 Sherwood Park	Sherwood Park Track Classic	21/07/2019
8	12.61m	1.9	LANE CARTER	AB	UCAC	99	3 Calgary	CALTAF TRACK CLASSIC	16/06/2019
5	12.41m	1.8	COX ADRIAN	SK	EXCL	0	4 Calgary	CALTAF TRACK CLASSIC	16/06/2019
10	12.05m	0	AQUINO JAMES	AB	UCAC	99	5 Edmonton	Foote Field Open	30/06/2019
20	11.45m	0	DEIKOFF ALEXANDER	AB	UCAC	0	9 Swift Current	Western Canada Summer Games	18/08/2019
<b>Triple Jump wind aided</b>									
4	12.38m	2.4	LANE CARTER	AB	UCAC	99	4 Calgary	New Balance Athletic Series #2	02/06/2019
<b>Pole Vault</b>									
4	4.10m		KRUPITY DENVER	AB	CALS	0	2 Toronto	Canadian Combined Events Championships	16/06/2019
5	4.05m		PATSULA DYLAN	AB	UCAC	97	3 Edmonton	Foote Field Open	30/06/2019
5	4.00m		HUBBARD COLLIN	AB	UCAC	97	3 Calgary	New Balance Athletic Series #3	09/06/2019
13	3.25m		CRAMB JULIAN	AB	UCAC	1	6 Calgary	CALTAF TRACK CLASSIC	16/06/2019
17	2.90m		MARTYN SETH	AB	UCAC	1	3 Kamloops	Battle of the Border Invitational	27/04/2019
<b>Discus</b>									
1	46.15m		BANKS LIAM	AB	UCAC	96	1 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
2	38.67m		BEERBAUM GALEN	AB	UCAC	97	2 Calgary	New Balance Athletic Series #3	09/06/2019
4	36.45m		ASIFF MOHAMED	AB	UCAC	97	2 Kamloops	Kamloops Spring Throws Meet	30/03/2019
5	34.70m		KRUPITY DENVER	AB	CALS	0	6 Swift Current	Western Canada Summer Games	18/08/2019
8	29.10m		HUBBARD COLLIN	AB	UCAC	97	4 Kamloops	Kamloops Spring Throws Meet	30/03/2019
9	28.94m		MACGREGOR SEAN	AB	UCAC	96	5 Kamloops	Kamloops Spring Throws Meet	30/03/2019
13	14.53m		*MACEDO TERAN MIGUEL	AB	WOLV	0	3 Grande Prairie	Peace Country Classic	11/05/2019
<b>Discus Junior</b>									
2	38.15m		KRUPITY DENVER	AB	CALS	0	1 Toronto	Canadian Combined Events Championships	16/06/2019
<b>Hammer</b>									
5	49.02m		BEERBAUM GALEN	AB	UCAC	97	3 Calgary	New Balance Athletic Series #2	02/06/2019
6	47.76m		BANKS LIAM	AB	UCAC	96	4 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
10	38.05m		MACGREGOR SEAN	AB	UCAC	96	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
11	30.66m		HUBBARD COLLIN	AB	UCAC	97	5 Calgary	New Balance Athletic Series #2	02/06/2019

## 2019 Outdoor Rankings

<b>Javelin</b>								
6	48.79m	KRUPITY DENVER	AB	CALS	0	2 Toronto	Canadian Combined Events Championships	16/06/2019
10	44.31m	HUBBARD COLLIN	AB	UCAC	97	4 Edmonton	Foote Field Open	30/06/2019
13	31.89m	BANKS LIAM	AB	UCAC	96	2 Calgary	New Balance Athletic Series #1	26/05/2019
<b>Shot Put</b>								
1	16.86m	ASIFF MOHAMED	AB	UCAC	97	1 Calgary	CALTAF TRACK CLASSIC	16/06/2019
2	13.72m	BANKS LIAM	AB	UCAC	96	2 Calgary	New Balance Athletic Series #2	02/06/2019
3	12.13m	MACGREGOR SEAN	AB	UCAC	96	3 Calgary	New Balance Athletic Series #2	02/06/2019
5	11.43m	KRUPITY DENVER	AB	CALS	0	5 Swift Current	Western Canada Summer Games	18/08/2019
6	11.32m	HUBBARD COLLIN	AB	UCAC	97	3 Edmonton	Foote Field Open	30/06/2019
<b>Shot Put Junior</b>								
2	13.24m	KRUPITY DENVER	AB	CALS	0	2 Edmonton	Foote Field Open	30/06/2019
<b>Decathlon Junior</b>								
1	6410	KRUPITY DENVER	AB	CALS	0	1 Toronto	Canadian Combined Events Championships	16/06/2019
<b>WOMEN</b>								
<b>100m</b>								
4	12.03	1.5 FRONE ELIZABETH	AB	UCAC	99	2h Sherwood Park	Sherwood Park Track Classic	21/07/2019
4	12.13	-0.2 ROBERTS PRINCESS	AB	UCAC	1	1 Calgary	ASAA Track and Field Championships	09/06/2019
6	12.21	1.4 SLESSOR KATELYN	AB	CALS	98	2h Calgary	New Balance Athletic Series #2	02/06/2019
18	12.52	1.9 FOX KRISTEN	AB	UCAC	0	3h Calgary	CALTAF TRACK CLASSIC	16/06/2019
25	12.72	1.9 TIORDIT ANOK	AB	CITC	99	9 Calgary	New Balance Athletic Series #2	02/06/2019
28	12.74	1.9 BROWN CHYNA	AB	UCAC	97	10 Calgary	New Balance Athletic Series #2	02/06/2019
35	12.86	-1.1 MCDOUGALL NATALIE	AB	UCAC	97	4 Calgary	New Balance Athletic Series #3	09/06/2019
36	12.89	-0.3 SAVAGE ROBYN	AB	CALT	1	5 Calgary	New Balance Athletic Series #3	09/06/2019
41	12.96	-0.1 PEARSON ERIKA	AB	UCAC	97	7h Edmonton	Foote Field Open	30/06/2019
77	13.43	0.6 GREGG JENNA	AB	CALS	1	4h Sherwood Park	Sherwood Park Track Classic	21/07/2019
85	13.53	-0.6 LITTAUER CARA	AB	UCAC	1	6h Sherwood Park	Sherwood Park Track Classic	21/07/2019
92	13.80	-0.3 *SZMIDT FREYA	AB	UCAC	95	11 Calgary	New Balance Athletic Series #3	09/06/2019
<b>100m wind aided</b>								
2	11.94	2.1 ROBERTS PRINCESS	AB	UCAC	1	1 Calgary	CALTAF TRACK CLASSIC	16/06/2019
6	12.17	2.1 FRONE ELIZABETH	AB	UCAC	99	2 Calgary	CALTAF TRACK CLASSIC	16/06/2019
9	12.51	2.1 FOX KRISTEN	AB	UCAC	0	3h Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
12	12.58	2.3 TIORDIT ANOK	AB	CITC	99	5 Calgary	New Balance Athletic Series #1	26/05/2019
18	12.78	2.7 BROWN CHYNA	AB	UCAC	97	11h Calgary	New Balance Athletic Series #2	02/06/2019
34	13.14	5.1 SANTEMA HELANA	AB	UCAC	1	4 Kamloops	Battle of the Border Invitational	27/04/2019
47	13.45	3.2 LITTAUER CARA	AB	UCAC	1	10 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
48	13.46	5.1 BADAU RALUCA	AB	UCAC	1	7 Kamloops	Battle of the Border Invitational	27/04/2019
48	13.46	3.2 LU HAILEY	AB	CALT	0	11 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
61	13.52	2.3 GREGG JENNA	AB	CALS	1	5 Sherwood Park	Sherwood Park Track Classic	21/07/2019
84	14.48	2.3 RANDHAWA GURLEEN	AB	CALS	98	20 Calgary	New Balance Athletic Series #1	26/05/2019

## 2019 Outdoor Rankings

200m										
1	24.22	2	OUDENAARDEN NICOLE	AB	UCAC	94	2 Tuscon	Jim Click Shootout	06/04/2019	
3	24.31	0.4	ROBERTS PRINCESS	AB	UCAC	1	1h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
5	24.76	1.2	FRONE ELIZABETH	AB	UCAC	99	2	Edmonton	Foote Field Open	30/06/2019
8	25.00	1.2	TIORDIT ANOK	AB	CITC	99	3	Edmonton	Foote Field Open	30/06/2019
7	25.05	1.3	MCDOUGALL NATALIE	AB	UCAC	97	3	Calgary	CALTAF TRACK CLASSIC	16/06/2019
15	25.38	1.7	FOX KRISTEN	AB	UCAC	0	4	Calgary	CALTAF TRACK CLASSIC	16/06/2019
21	25.55	-2.3	SLESSOR KATELYN	AB	CALS	98	2	Sherwood Park	Sherwood Park Track Classic	21/07/2019
19	25.59	0.9	SAVAGE ROBYN	AB	CALT	1	3h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
29	25.93	1.3	BROWN CHYNA	AB	UCAC	97	9	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
31	25.95	1	SANTEMA HELANA	AB	UCAC	1	3h	Edmonton	Foote Field Open	30/06/2019
32	26.08	0.5	HILL-DURAND JASMINE	AB	VOLE	0	5h	Edmonton	Foote Field Open	30/06/2019
63	27.38	1.9	COZMA LISA	AB	CALT	1	3	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
71	27.54	1.4	NAVARRO ANNA	AB	UCAC	1	15h	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
76	27.70	0.5	LITTAUER CARA	AB	UCAC	1	10h	Edmonton	Foote Field Open	30/06/2019
87	28.09	0.7	*SZMIDT FREYA	AB	UCAC	95	10h	Calgary	CALTAF TRACK CLASSIC	16/06/2019
200m wind aided										
1	24.36	2.7	ROBERTS PRINCESS	AB	UCAC	1	1	Edmonton	Foote Field Open	30/06/2019
5	25.23	4.7	MCDOUGALL NATALIE	AB	UCAC	97	4	Calgary	New Balance Athletic Series #3	09/06/2019
9	25.65	4.2	TIORDIT ANOK	AB	CITC	99	7	Calgary	New Balance Athletic Series #1	26/05/2019
10	25.98	4.7	SAVAGE ROBYN	AB	CALT	1	6	Calgary	New Balance Athletic Series #3	09/06/2019
9	25.55	2.7	FOX KRISTEN	AB	UCAC	0	2	Edmonton	Foote Field Open	30/06/2019
10	25.64	2.7	SANTEMA HELANA	AB	UCAC	1	3	Edmonton	Foote Field Open	30/06/2019
16	26.12	2.7	HILL-DURAND JASMINE	AB	VOLE	0	6	Edmonton	Foote Field Open	30/06/2019
37	28.03	2.2	*SZMIDT FREYA	AB	UCAC	95	12	Calgary	New Balance Athletic Series #3	09/06/2019
400m										
2	55.95		MCDOUGALL NATALIE	AB	UCAC	97	1	Calgary	CALTAF TRACK CLASSIC	16/06/2019
4	57.50		BROWNE MADELEINE	AB	UCAC	98	4	Edmonton	Foote Field Open	30/06/2019
5	57.64		TIORDIT ANOK	AB	CITC	99	1	Calgary	New Balance Athletic Series #3	09/06/2019
13	58.84		SAVAGE ROBYN	AB	CALT	1	1	Calgary	ASAA Track and Field Championships	09/06/2019
15	59.00		SANTEMA HELANA	AB	UCAC	1	1	Edmonton	Foote Field Open	30/06/2019
16	59.10		BORGJORD SADIE	AB	UCAC	98	9	Edmonton	Foote Field Open	30/06/2019
30	1:01.12		BROWN CHYNA	AB	UCAC	97	7	Calgary	CALTAF TRACK CLASSIC	16/06/2019
51	1:05.70		*SZMIDT FREYA	AB	UCAC	95	14	Edmonton	Foote Field Open	30/06/2019
57	1:10.07		CHRISTOPHE MACKENNA	AB	UCAC	99	13	Calgary	New Balance Athletic Series #3	09/06/2019

## 2019 Outdoor Rankings

<b>800m</b>								
7	2:14.27	LOUDENAARDEN NICOLE	AB	UCAC	94	3 Tuscon	Jim Click Shootout	06/04/2019
12	2:15.73	BORGJORD SADIE	AB	UCAC	98	5 Edmonton	Foote Field Open	30/06/2019
13	2:15.80	BROWNE MADELEINE	AB	UCAC	98	6 Edmonton	Foote Field Open	30/06/2019
13	2:16.42	CHEHOWY KATIE	AB	CALT	98	2 Calgary	New Balance Athletic Series #3	09/06/2019
14	2:16.54	ANDERSON KATE	AB	UCAC	96	3 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
17	2:17.69	KRYSCHUK LAUREN	AB	CALT	98	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
25	2:19.17	FORMAN SARAH	AB	UCAC	98	9 Edmonton	Foote Field Open	30/06/2019
36	2:22.14	MANOR MEGHAN	AB	UCAC	98	10 Edmonton	Foote Field Open	30/06/2019
48	2:26.64	LAYCOCK EMILY	AB	UCAC	0	4 Edmonton	Foote Field Open	30/06/2019
56	2:30.78	ANDRES RENEE	AB	UCAC	99	7 Calgary	CALTAF TRACK CLASSIC	16/06/2019
88	2:41.09	GENTILE LILY	AB	UCAC	1	10 Calgary	New Balance Athletic Series #3	09/06/2019
94	2:43.17	CHRISTOPHE MACKENNA	AB	UCAC	99	9 Calgary	CALTAF TRACK CLASSIC	16/06/2019
99	2:44.17	COZMA LISA	AB	CALT	1	3 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
<b>1500m</b>								
4	4:40.86	ANDERSON KATE	AB	UCAC	96	1 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
13	4:46.07	FORMAN SARAH	AB	UCAC	98	4 Edmonton	Foote Field Open	30/06/2019
11	4:49.89	KRYSCHUK LAUREN	AB	CALT	98	3 Calgary	CALTAF TRACK CLASSIC	16/06/2019
18	4:51.30	MANOR MEGHAN	AB	UCAC	98	6 Edmonton	Foote Field Open	30/06/2019
33	5:08.38	MILLER AMY	AB	CALS	1	6 Calgary	ASAA Track and Field Championships	09/06/2019
27	5:11.67	BORGJORD SADIE	AB	UCAC	98	6 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
33	5:12.60	ANDRES RENEE	AB	UCAC	99	18 Kamloops	BC Championship Jamboree	07/07/2019
31	5:18.67	AHLOY MIKAELA	AB	UCAC	94	12 Calgary	New Balance Athletic Series #2	02/06/2019
37	5:18.48	LAYCOCK EMILY	AB	UCAC	0	3 Edmonton	Foote Field Open	30/06/2019
32	5:19.85	GENTILE LILY	AB	UCAC	1	13 Calgary	New Balance Athletic Series #2	02/06/2019
<b>3000m</b>								
7	10:46.71	MILLER AMY	AB	CALS	1	5 Swift Current	Western Canada Summer Games	18/08/2019
15	11:42.58	AHLOY MIKAELA	AB	UCAC	94	3 Calgary	CALTAF TRACK CLASSIC	16/06/2019
	11:43.25	GENTILE LILY	AB	UCAC		Calgary	Calgary High School Championships	25/05/2019
19	11:55.86	LAYCOCK EMILY	AB	UCAC	0	6 Calgary	ASAA Track and Field Championships	09/06/2019
<b>5000m</b>								
8	20:58.63	GENTILE LILY	AB	UCAC	1	2 Edmonton	Foote Field Open	30/06/2019
<b>3000m Steeplchase</b>								
3	11:06.09	ANDERSON KATE	AB	UCAC	96	1 Calgary	CALTAF TRACK CLASSIC	16/06/2019
4	11:11.37	CHEHOWY KATIE	AB	CALT	98	2 Calgary	CALTAF TRACK CLASSIC	16/06/2019
6	12:01.98	MANOR MEGHAN	AB	UCAC	98	4 Calgary	CALTAF TRACK CLASSIC	16/06/2019
7	12:18.95	AHLOY MIKAELA	AB	UCAC	94	2 Edmonton	Foote Field Open	30/06/2019

## 2019 Outdoor Rankings

<b>100m Hurdles</b>									
6	14.07	0.9	OUDENAARDEN NICOLE	AB	UCAC	94	3hep1 Gotzis	IAAF World Combined Events Challenge - Hypo-Meeting	25/05/2019
7	14.10	1.9	SLESSOR KATELYN	AB	CALS	98	2 Edmonton	University of Alberta Summer Series #1	30/05/2019
18	15.85	-0.1	COZMA LISA	AB	CALT	1	4 Edmonton	Foote Field Open	30/06/2019
18	16.60	0.7	GREGG JENNA	AB	CALS	1	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
26	18.78	-2.1	KANE-RISSLING MADISON	AB	BDTF	0	4 Sherwood Park	Sherwood Park Track Classic	21/07/2019
<b>100m Hurdles wind aided</b>									
4	13.98	2.4	SLESSOR KATELYN	AB	CALS	98	3 Calgary	New Balance Athletic Series #1	26/05/2019
6	14.22	2.3	OUDENAARDEN NICOLE	AB	UCAC	94	5 Tuscon	Jim Click Shootout	06/04/2019
<b>400m Hurdles</b>									
<b>High Jump</b>									
1	1.75m		OUDENAARDEN NICOLE	AB	UCAC	94	1 Tuscon	Jim Click Shootout	06/04/2019
3	1.71m		MAYR MADISON	AB	UCAC	1	1 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
11	1.55m		WATTS ABBY	AB	UCAC	1	1 Calgary	ASAA Track and Field Championships	09/06/2019
11	1.50m		KANE-RISSLING MADISON	AB	BDTF	0	4 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
36	1.40m		KLEINE CALISTA	AB	UCAC	0	8 Swift Current	Western Canada Summer Games	18/08/2019
41	1.37m		COZMA LISA	AB	CALT	1	3 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
<b>Long Jump</b>									
3	5.76m	-1.1	OUDENAARDEN NICOLE	AB	UCAC	94	4 Tuscon	Jim Click Shootout	06/04/2019
8	5.35m	0	MAYR MADISON	AB	UCAC	1	Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
13	5.20m	0	PEARSON ERIKA	AB	UCAC	97	3 Edmonton	Foote Field Open	30/06/2019
21	5.06m	1.6	SLESSOR KATELYN	AB	CALS	98	3 Calgary	CALTAF TRACK CLASSIC	16/06/2019
21	5.06m	1.3	COZMA LISA	AB	CALT	1	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
32	4.87m	1.5	LY ASHLEY	AB	UCAC	98	5 Calgary	CALTAF TRACK CLASSIC	16/06/2019
23	4.80m	2	KANE-RISSLING MADISON	AB	BDTF	0	5 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
63	4.35m	1.7	KOLODNICKI LAUREN	AB	UCAC	1	10 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
85	4.21m	1	RANDHAWA GURLEEN	AB	CALS	98	4 Sherwood Park	Sherwood Park Track Classic	21/07/2019
81	4.03m	1.9	LU HAILEY	AB	CALT	0	15 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
<b>Long Jump wind aided</b>									
2	5.77m	2.2	OUDENAARDEN NICOLE	AB	UCAC	94	1 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
4	5.47m	2.8	MAYR MADISON	AB	UCAC	1	2 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
6	5.41m	2.2	PEARSON ERIKA	AB	UCAC	97	2 Calgary	CALTAF TRACK CLASSIC	16/06/2019
13	4.97m	3.9	KANE-RISSLING MADISON	AB	BDTF	0	1 Medicine Hat	Bulldogs Beat the Heat Meet	26/05/2019
30	4.94m	0	LY ASHLEY	AB	UCAC	98	1 Sherwood Park	Sherwood Park Track Classic	21/07/2019
36	4.81m	0.6	MAKASA EVODIE	AB	UCAC	99	3 Sherwood Park	Sherwood Park Track Classic	21/07/2019
59	3.96m		NWI WATTS ABBY	AB	UCAC	1	7 Kamloops	Battle of the Border Invitational	27/04/2019



## 2019 Outdoor Rankings

<b>Triple Jump</b>									
2	11.54m	0	PEARSON ERIKA	AB	UCAC	97	2 Calgary	CALTAF TRACK CLASSIC	16/06/2019
3	11.32m	0.5	MAKASA EVODIE	AB	UCAC	99	2 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
7	11.23m	0.8	LY ASHLEY	AB	UCAC	98	2 Sherwood Park	Sherwood Park Track Classic	21/07/2019
12	10.40m	0.9	KANE-RISSLING MADISON	AB	BDTF	0	1 Medicine Hat	Bulldogs Beat the Heat Meet	26/05/2019
28	9.60m	0	GREGG JENNA	AB	CALS	1	3 Sherwood Park	Sherwood Park Track Classic	21/07/2019
26	9.59m	0	KOLODNICKI LAUREN	AB	UCAC	1	7 Calgary	CALTAF TRACK CLASSIC	16/06/2019
32	9.52m	0	RANDHAWA GURLEEN	AB	CALS	98	3 Sherwood Park	Sherwood Park Track Classic	21/07/2019
<b>Triple Jump wind aided</b>									
2	11.20m	2.7	MAKASA EVODIE	AB	UCAC	99	2 Swift Current	Western Canada Summer Games	18/08/2019
<b>Pole Vault</b>									
7	3.35m		KLEINE CALISTA	AB	UCAC	0	1 Swift Current	Western Canada Summer Games	18/08/2019
9	3.10m		BADAU RALUCA	AB	UCAC	1	4 Calgary	New Balance Athletic Series #1	26/05/2019
9	3.10m		BARLOW BRYANNE	AB	UCAC	96	6 Edmonton	Foote Field Open	30/06/2019
10	2.96m		HEATON ELIZABETH	AB	UCAC	1	6 Calgary	New Balance Athletic Series #3	09/06/2019
20	2.40m		WATTS ABBY	AB	UCAC	1	3 Calgary	ASAA Track and Field Championships	09/06/2019
<b>Discus</b>									
5	41.03m		SVENSSON SIRI	AB	UCAC	96	6 Montreal	Canadian Track & Field Championships	28/07/2019
6	35.84m		JOHNSON ALEXIS	AB	UCAC	0	2 Sherwood Park	Sherwood Park Track Classic	21/07/2019
11	33.98m		POKU KAYLA	AB	UCAC	0	5 Calgary	New Balance Athletic Series #1	26/05/2019
19	28.28m		HEATON ELIZABETH	AB	UCAC	1	5 Calgary	ASAA Track and Field Championships	09/06/2019
<b>Hammer</b>									
3	52.62m		OMOSUN OSEREME	AB	UCAC	99	1 Calgary	CALTAF TRACK CLASSIC	16/06/2019
6	46.11m		SVENSSON SIRI	AB	UCAC	96	3 Calgary	CALTAF TRACK CLASSIC	16/06/2019
6	41.82m		JOHNSON ALEXIS	AB	UCAC	0	1 Sherwood Park	Sherwood Park Track Classic	21/07/2019
7	40.97m		POSCENTE SOPHIA	AB	UCAC	97	5 Calgary	New Balance Athletic Series #2	02/06/2019
12	37.18m		TROMBETTA SOPHIA	AB	UCAC	0	6 Calgary	New Balance Athletic Series #2	02/06/2019
<b>Javelin</b>									
1	46.20m		OUDENAARDEN NICOLE	AB	UCAC	94	1 Tuscon	Jim Click Shootout	06/04/2019
6	31.80m		HEATON ELIZABETH	AB	UCAC	1	6 Calgary	ASAA Track and Field Championships	09/06/2019
14	18.73m		COZMA LISA	AB	CALT	1	2 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
<b>Shot Put</b>									
1	13.53m		OUDENAARDEN NICOLE	AB	UCAC	94	1 Tuscon	Jim Click Shootout	06/04/2019
2	13.18m		OMOSUN OSEREME	AB	UCAC	99	1 Calgary	New Balance Athletic Series #3	09/06/2019
4	12.57m		SVENSSON SIRI	AB	UCAC	96	1 Calgary	CALTAF TRACK CLASSIC	16/06/2019
6	11.92m		JOHNSON ALEXIS	AB	UCAC	0	2 Swift Current	Western Canada Summer Games	18/08/2019
15	9.75m		POKU KAYLA	AB	UCAC	0	6 Calgary	CALTAF TRACK CLASSIC	16/06/2019
16	9.69m		TROMBETTA SOPHIA	AB	UCAC	0	5 Calgary	New Balance Athletic Series #1	26/05/2019
20	9.38m		COZMA LISA	AB	CALT	1	2 Calgary	Calgary Spring Challenge & Combined Event	12/05/2019
21	9.01m		HEATON ELIZABETH	AB	UCAC	1	8 Calgary	ASAA Track and Field Championships	09/06/2019
23	8.75m		DAWSON ELIZA	AB	UCAC	0	6 Calgary	New Balance Athletic Series #1	26/05/2019
25	8.66m		POSCENTE SOPHIA	AB	UCAC	97	5 Calgary	New Balance Athletic Series #2	02/06/2019
18	6.88m		KANE-RISSLING MADISON	AB	BDTF	0	5 Sherwood Park	Sherwood Park Track Classic	21/07/2019
<b>Heptathlon</b>									
1	6053		OUDENAARDEN NICOLE	AB	UCAC	94	1 Tuscon	Jim Click Shootout	06/04/2019

