

(as of January 17, 2020 at 11:40am)

Reminder: If you plan to travel or stay outside of the Team Itinerary, there are release forms that need to be signed a week in advance.

Golden Bear Open, Edmonton. January 17-18, 2020

Meet Website: <https://www.trackie.com/online-registration/event/golden-bear-open/38216/#.XiC-Q3dFyUk>

Schedule and entry lists will be posted on this site

NON-VARSITY COSTS (payable by December 17, 2019): \$100

Bring:

Competition Gear: U of Calgary Singlet and Black Shorts

Clothing for warm-up

Track Shoes

Spike length maximum 6mm and they must be pyramids or Christmas trees. No Pins!

Bring food and water for the trip

Friday January 17

Depart Calgary: 11:00am North entrance to Olympic Oval
288 Collegiate Blvd NW, Calgary, AB T2N 1N4

No stops

Buses will go directly to the Fieldhouse:

Universiade Pavilion, U of Alberta, 87 Ave & 114 St, Edmonton

Take your luggage with you to the track

Meet starts at 4:00pm

7:30pm Bus pickup at Track to Hotel

9:15pm (end of Day 1) Bus pickup at Track to Hotel

Hotel: Edmonton Coast Plaza

10155 105 Street, Edmonton, AB T5J 1E2

Ph: 780-423-4811

Fax: 780-423-3204

Saturday January 18

Bus Shuttle Schedule to be confirmed

8:00am Van – Hotel to Track (Open Men Weight Throwers)

8:45am Bus – Hotel to Track

11:00am Bus – Hotel to Track

12:00pm Bus – Hotel to Track (Checkout time)

5:30pm 2 Buses – Track to Calgary Arrive in Calgary about 9:00pm

Bus will not be stopping on the way out of town, so athletes will have to eat before we leave the Pavilion.

Cell: Doug Lamont 403-831-6481