

(as of July 13, 2019)

National U20 / Senior Championships
Montreal, QC
Thursday July 25 – Sunday July 28, 2019

Concerns/Questions: Doug 403-831-6481

Approximate Costs

Athletes achieving the Club Standard will have Accommodation/Ground Transport (provided by UCAC) and meet levy reimbursed.

Transportation to Montreal: Own Arrangements

Club Booked Accommodation:

Club will pay the accommodation and athletes will be billed for their share.

Approximate costs will be \$40 per night

Ground Transportation: Approximate cost will be \$20 per day

Meet Levy: \$100

Championship Website: <https://athletics.ca/championnat/montreal2019/>

Venue: Complexe Sportif Claude-Robillard

1000 Avenue Émile-Journault, Montréal, QC H2M 2E7

Team Accommodation: Concordia University

Grey Nuns location: 1190 rue Guy, Montreal H3H 2L4

Schedule: Tentative Schedule version 5/13/2019

<https://athletics.ca/wp-content/uploads/2018/09/Montreal2019Schedule.pdf>

Final Schedule will be posted?

Technical Notes

There will be no technical meeting. All information will be available online.

- All questions concerning the conduct of the competition or questions arising from the information posted online must be submitted to Mitchell Torres (Mitchell.Torres@athletics.ca) by Monday, July 22, at 12 p.m. ET.
- Scratches must be submitted via email to Mitchell Torres (Mitchell.Torres@athletics.ca) by Monday, July 22, at 12 p.m. ET. If an athlete does not scratch and does not present themselves to their event, they will be disqualified from the remainder of the Championships (unless medical documentation is provided).
- Implements will be made available by the organizing committee. Personal implements will also be allowed, provided they are checked-in three hours prior to the event, pass inspection and are made available to all other competitors until the end of the competition.
- Each athlete will receive two bibs; one with their name and one with a number. All athletes must wear the name bib on their chest, and the number bib on their back, except in jumping events where only the name bib may be worn either on the chest or back. For seated throws, there will also be an additional number provided to be placed on the throwing chair. Bib numbers will be distributed during the registration process. Hip numbers will be provided in the Call Room.
- The Technical Information Centre (TIC) will be located at Complexe Sportif Claude-Robillard and will serve as the link between the organizing committee and athletes/coaches.

- Athletes and coaches will pick up their registration package at Complexe Sportif Claude-Robillard.
- Questions that arise throughout the Championships will be answered at the TIC.
- All protests must be filed at the TIC.
- Results and start lists will be available online in an effort to minimize paper. A hard copy of the results will be posted in the TIC. Additional paper copies will be made available at the TIC if necessary.
- Official results will be available on the Championships website.
- In the event of weather related concerns, the decision to suspend competition will be at the discretion of the Championships executive team, made up of the Meet Director, Competition Director and Technical Delegate.

Doping control procedures will be in place according to AC/CCES policies.

Please note some events do not have qualifying sections listed in the schedule due to historically lower entry numbers than would be required to hold a qualification round. Should these events have sufficient entries this year, a qualification round may be added on Thursday, July 25th for those athletes who have not achieved the entry standard.

Competition Procedures

Warm-up:

There is an indoor track at Complexe Sportif Claude-Robillard that will serve as a warm-up facility. Athletes will also have access to equipment in this area (blocks, hurdles, etc.). Para-athletes and athletes in field events will warm-up on the field of play. Only accredited coaches will be allowed in the warm-up area.

Call Room:

All athletes must present themselves to the first call room according to the scheduled check-in times as noted below. Athletes who fail to appear on time in the call room without a valid reason (i.e. medical certificate) may be excluded from participating in this and all further events in the Championships, including relays. Coaches are not allowed to enter the Call Room.

Athletes' Call Room reporting times will be according to the following schedule. All times are prior to the scheduled start time of the event (and not the heat number):

Event	Call Room opens (minutes)	Call Room closes (minutes)	Entry to stadium
Track events	30	20	10
High jump	60	50	40
Pole vault	80	70	60
Other field events	50	40	30
Relays	35	25	10

Call Room officials will check the following in accordance with AC rules:

- Bib numbers
- Shoes and spikes
- Uniforms

- Note: In accordance with National Team policies, athletes are not permitted to wear Team Canada uniforms during the Championships. Club/branch or sponsor uniforms only.
- In the interest of time, we recommend open or cinch bags or bags with limited pockets/zippers. Bags will be inspected to ensure that they do not contain any of the prohibited items listed below.

Items that will NOT be permitted beyond the Call Room:

- Electronic devices
 - Cell phones, video/audio players, cameras, radio transmitters, etc.
- Medications (unless accompanied by a doctor's note and TUE)

Spike length:

The maximum spike length allowed on the track and in the field is 7mm. The only exceptions are for high jump and javelin, where the maximum length is 9mm.

Protests and appeals:

Protests concerning the result or conduct of an event must be made within 30 minutes of the official posting of the results at the TIC in accordance with the procedures listed below.

- A notice of protest must be presented at the TIC within 30 minutes of the time of the posted results. There will be someone at the TIC at all times who can locate the Competition Director.
- The Competition Director, or designate, will explain the process to the athlete, coach or interested person and provide a protest form.
- The Competition Director, or designate, takes the athlete/coach/interested person to meet with the appropriate referee (the one who made the decision).
- If the referee agrees with the protest the results sheet will be adjusted and results reposted.
 - Note: This provides a 30-minute opportunity for other athletes or interested persons to appeal this decision from the time of posting of the revised result.
- If the referee denies the protest, the athlete/coach/interested person can appeal the decision to the Jury by completing a protest form, which will be taken to the Jury.
- Upon completion of a protest form, the Competition Director, or designate, will make a copy of the completed protest form and will take one copy to the Jury who will then adjudicate upon the issue by reviewing any and all available relevant information.
 - Note: The Competition Director, or designate, accompanies the protest group and advises them of this option and accepts the completed form and protest fee of \$50 (cash only)
- The Jury will then prepare their response, including all relevant information, on the protest form and the Competition Director, or designate, will advise both the protest group and Meet Secretary or Results Manager of the results of the protest.

The Jury of Appeal will remain at the competition site for at least 30 minutes after completion of the final event or until the Technical Director or designate advises them that no further protests have been received and they may leave.