

Calgary Spring Challenge and Combined Event

4:00pm	600m Timed Finals U12	4:00pm								4:00pm
4:15pm	300m Timed Finals (U16/U10)	4:15pm								
4:30pm	Decathlon 400m	4:30pm					PARA Shot Put / Javelin			4:30pm
4:45pm	400m Timed Finals	4:45pm								4:45pm
5:00pm	1200m Timed Finals U14	5:00pm								5:00pm
5:15pm	4x100m	5:15pm								5:15pm
		5:30pm								5:30pm
		5:45pm								5:45pm

Times are approximate and may be adjusted to accommodate the Combined Events Competition

Calgary Spring Challenge and Combined Event

Tentative Schedule Overview

(as of March 23rd, 2024)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Sunday May 12, 2024

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field
9:00am U16 2000m	9:00am								
	9:15am				OM/MstM/U18M/U16B Javelin (N)				
9:30am Open/U18 3000m	9:30am								
10:00am 110m Hurdles OM/U20M Hts	10:00am	U12/U10 B ST.Long Jump				O/Mast W Shot Put	U12/U10 G Shot Put		10:00am
110m Hurdles U18M Hts									
Decathlon 110m Hurdles									
	10:15am								10:15am
10:30am Pentathlon 100m Hurdles U16B	10:30am								10:30am
Pentathlon 80m Hurdles U16G									
10:45am 110m Hurdles OM/U20M Final	10:45am				Decathlon Discus				10:45am
110m Hurdles U18M Final									
11:00am 200m Heats	11:00am	U12/U10 G ST.Long Jump					U12/U10 G Shot Put		11:00am
	11:15am		2 pits	U16G Pentathlon High Jump		U16/U18 G Shot Put			11:15am
	11:30am	U16B Pentathlon Long Jump			OM/U20/MastM Discus				11:30am
	11:45am								11:45am
	12:00pm		U16B Long Jump					Decathlon Pole Vault	12:00pm
12:15pm 150m Timed Finals U14	12:15pm								12:15pm
150m Timed Finals U12/U10	12:30pm	W Heptathlon Long Jump				MB Pentathlon Shot Put			12:30pm
	12:45pm				U16/U18 B Discus				12:45pm
1:00pm	1:00pm								1:00pm
1:15pm	1:15pm			U16B Pentathlon High Jump		MG Pentathlon Shot Put			1:15pm
1:30pm LUNCH	1:30pm								1:30pm
1:45pm	1:45pm	OW/U18W Triple Jump			W Heptathlon Javelin				1:45pm
2:00pm 200m Finals	2:00pm			U14B High Jump		U14G Shot Put			2:00pm
2:15pm	2:15pm		U16G Pentathlon Long Jump						2:15pm
2:30pm 200m Hurdles	2:30pm								2:30pm
2:45pm 400m Hurdles	2:45pm				Decathlon Javelin				2:45pm
3:00pm 600m Timed Finals U10	3:00pm	U18M/OM Triple Jump	U16G Long Jump						3:00pm
3:15pm 1000m Timed Finals U12	3:15pm			U14G High Jump		U14B Shot Put			3:15pm
3:30pm Pentathlon 1000m U16B	3:30pm								3:30pm
3:45pm Heptathlon 800m	3:45pm				OW/U16G/U18W/MstW Hammer				
4:00pm Pentathlon 800m U16G	4:00pm								
4:15pm 800m U14	4:15pm								
4:30pm Decathlon 1500m									
4:45pm 4x200m Mixed	4:45pm								
5:00pm 4x400m									

Times are approximate and may be adjusted to accommodate the Combined Events Competition